# Universal Health Coverage & Health Technology Assessment

Dr. Jitendar Sharma Head, Division of Healthcare Technology & Director, WHO Centre for Health Technology Policy National Health Systems Resource Center, India

# Changing times! Changing trends!

- Every south east Asian nation moving towards Universal Health Care
- Each program is unique
- Coverage of each scheme is varied
- Goal to social protection goal is unique
- Pathway to reach the unreached is varied

Health is not a subject of national importance only

 Technology acceptance have wide impact on import/export; cross border trade; traffic; outbreaks; medical tourism, medical insurance mechanisms all get affected

### A global perspective

#### SIXTY-SEVENTH WORLD HEALTH ASSEMBLY- WHA67.23 Agenda item 15.7 : 24 May 2014

"Health intervention and technology assessment in support of universal health coverage"

Noting that *The world health report 2012* indicates that as much as 40% of spending on health is being wasted and that there is, therefore, an <u>urgent need</u> for systematic, effective solutions to reduce such inefficiencies and to enhance the rational use of health technology; Urges member states to

to consider also collaborating with other Member States' health organizations, academic institutions, professional associations and other key stakeholders in the country or region in order to collect and share information and lessons learnt so as to formulate and implement national strategic plans concerning capacity-building for and introduction of health intervention and technology assessment, and summarizing best practices in transparent, evidence-informed health policy and decision-making;

### Goals for an HTA

- Eliminating services that are lesser effective or lesser cost-effective compared to alternatives
- Estimating reimbursement thresholds
- Defining Insurance Packages
- Selecting priority technologies/services on scientific merit
- Assessing best choices in public health
  provisioning

### Why conduct an HTA

- Evidence around technologies rapidly change with inclusion of newer and larger studies/trials
- Innovations have no formal or objective mechanism for uptake
- Cheaper technologies may not always mean costeffective technologies
- Designs of Clinical trails and research studies may not capture social/ethical dimensions around technologies

### Limitations in using HTA

- Use in reimbursement is limited if reimbursement systems are not strong
- Use in standard treatment guidelines is not wholesome if too many medical associations bring out STGs; also if STGs are changed too quickly
- Using HTA would be a challenge if cost-effectiveness results are negative but clinical efficacy is well established
- Once HTA results are accepted, review may take few years, which means knowledge from newer evidence gets delayed
- Once HTA results are in practice, it is difficult to change practices on mere 'theory'

### HTA in Technology Life Cycle

- Innovations identifications uptake and improving access
- Management of technologies to improve reliability, efficacy and access
- Inclusion of technologies to improve access

## Life Saving Implants

- Life saving implants remain a massive component of out of pocket spending in development systems were cost of care is not fully insured
- Catastrophic and episodic high expenditure leading to social and economic impoverishment and impact future quality of care & follow up
- Among the leading ones being cardiac stents, orthopedic implants, cochlear implants and Pacemakers

### Industry's enigma

- Implants may be already lesser priced than the cost as in other countries !
- Other modalities such as clinical/ pharmaceutical interventions may still exist

### Health Systems enigma

- Cost may be lesser, but C1/GDP (PC1) may be much higher than C2/GDP (PC2)
- Standard of care may still point towards surgical intervention forcing payer to look at cost control

### How industry practice impact the decisions

- · No printed label of MRP on the life saving implants
- Even if MRP is printed, the sticker is removed after crossing of trade borders/port offices
- Information asymmetry leading to unknown costs
- Landing costs only 10-20% of the costs to patients

### Choices that payer governments have

- · Request for voluntary cost reduction
- Notification for mandatory disclosure of MRP
- Inclusion in the national list of life saving commodities/drugs/devices/health products
- Price Control on a very selective range of life saving products

#### **Process of HTA on LSIs**

- Comparison of health effects of various categories within a product vertical (DES, BMS)
- · Health effects are selective and are meta-analyzed
- For eg. In case of DES/BMS- TVR, MACE, Mortality
- Selection of patient age groups were done to arrive at appropriate estimates
- · CEA was performed using the WHO-CHOICE database
- CE Thresholds were selected to be 3 X GDP (PC)

	DALYs averted (000s)	DALYs averted/person	Base Cost (Bare Metal Stent)	Service Cost/Hospital handling charges (12.36%)	TOTAL COST (BMS)	Base Cost (Drug Eluting Stent) (BMSX 1.476)	Service Cost/Hospita I handling charges (12.36%)	TOTAL COST (DES)
Population in 30-70+ age group (534689000)								
Cost Effectiveness (1 DALY for INR 270000)								
If Stents are required for 100% of (A+B+C) Cases	55666.60	0.104	28109.76	3474.37	31584.13	41490.01	5128.17	46618.18
If Stents are required for 80% of (A+B+C) Cases	44533.28	0.083	22487.81	2779.49	25267.31	33192.01	4102.53	37294.54
If Stents are required for 60% of (A+B+C) Cases	33399.96	0.062	16865.86	2084.62	18950.48	24894.01	3076.90	27970.91
If Stents are required for 50% of (A+B+C) Cases	27833.30	0.052	14054.88	1737.18	15792.07	20745.01	2564.08	23309.09
If Stents are required for 40% of (A+B+C) Cases	22266.64	0.042	11243.91	1389.75	12633.65	16596.01	2051.27	18647.27



Thanking you for patient listening