UNIVERSITY of MARYLAND SCHOOL OF PHARMACY

Pilot Study Evaluating the Trends in Utilization of Compounded Products Pre- and Post- COVID-19 Pandemic

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Purpose

- There has been increased attention on compounding facilities by regulators, insurers, and citizens¹
- Compounded products are personalized treatments for patients who are not sufficiently treated with traditional products¹⁻³
- Prevalence of compound users was 1.1% of eligible commercially insured members in 2012 and 1.4% in 2013¹
- In this study we assess trends in the number of compounded products, the most common compounded products, and if there are changes in the products compounded during the COVID-19 pandemic.

Methods

- A cross-sectional study was completed using Komodo Health Map, a large national claims database
- The data include patients who received at least one COVID-related vaccine, test, or treatment from October 2015 to July 2022.
- Claims included in the analysis are those identified as paid, listed as compounded, and were filled in 2019, 2020, or 2021.
- Chi-Square and T-Tests were used to determine if there are differences between each year.

- in 2020, and 0.00048% (14,005) in 2021.
- claims increased by 9.01%.
- 21.24% increase.
- in 2020, and \$42.61 (\$60.02) in 2021.

Table 1: Characteristics of claims included in the analysis					
	Full Sample	Commercial	Public-funded	p-value	
2019					
Total Claims	14,010	9,802	4,982	< 0.01	
Total Patients	7,505	5,021	2,484	< 0.01	
Compounds /Patient, mean (SD)	1.87 (2.30)	1.88 (2.16)	1.98 (2.57)	< 0.01	
Patient Pay/Rx, mean (SD)	\$42.57 (\$60.02)	\$49.37 (\$63.44)	\$30.08 (\$50.82)	< 0.01	
2020					
Total Claims	11,551	7,254	4,297	< 0.01	
Total Patients	5,964	3,933	2,031	< 0.01	
Compounds /Patient, mean (SD)	1.94 (2.44)	1.84 (2.18)	2.12 (2.86)	< 0.01	
Patient Pay/Rx, mean (SD)	\$40.07 (\$80.36)	\$45.50 (\$64.97)	\$30.91 (\$100.50)	< 0.01	
2021					
Total Claims	14,005	9,081	4,924	< 0.01	
Total Patients	7,504	5,020	2,484	< 0.01	
Compounds /Patient, mean (SD)	1.87 (2.31)	1.81 (2.16)	1.98 (2.57)	< 0.01	
Patient Pay/Rx, mean (SD)	\$42.61 (\$60.02)	\$49.40 (\$63.43)	\$30.07 (\$50.84)	< 0.01	

Figure 1: Top 5 Compounded Products 2019-2021

2019

- 1.lidocaine hydrochloride 20 mg/m membrane topical solution
- 2.nystatin 100000 unt./ml oral susp 3.diphenhydramine hydrochloride solution
- 4.omeprazole 20 mg delayed relea
- 5.aluminum hydroxide 40 mgJml m hydroxide 40 mg/ml 1 simethicor suspension

Results

• The prevalence of paid claims for compounded products was 0.00055% (14,101) in 2019, 0.00042% (11,551)

• Between 2019 and 2020 the number of compounded claims decreased 17.6% while the number of total

• From 2020 to 2021 the number of claims for compounded products returned to pre-pandemic levels with a

• The average patient cost sharing for compounded products was \$42.57 (SD: \$60.02) in 2019, \$40.07 (\$80.36)

	2020	2021
ml mucous spension e 2.5 mg/ml oral	 1.lidocaine hydrochloride 20 mg/ml mucous membrane topical solution 2.nystatin 100000 unt/ml oral suspension 3.nitroglycerin 0.02 mg/mg topical ointment [nitro- 	 1.lidocaine hydrochloride 20 mg/ml membrane topical solution 2.nystatin 100000 unt/ml oral suspe 3.diphenhydramine hydrochloride 2
ase oral capsule magnesium one 4 mg/ml oral	bid] 4.omeprazole 20 mg delayed release oral capsule 5.mupirocin 0.02 mg/mg topical ointment	solution 4.omeprazole 20 mg delayed release 5.aluminum hydroxide 40 mg/ml 1 m hydroxide 40 mg/ml 1 simethicone suspension

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Conclusion

- There was a significant decrease in the number of claims for compounded products between 2019-2021
- Fewer patients received compounded products following the COVID-19 pandemic.
- We found no change in the number of compounded claims for hydroxychloroquine and ivermectin, though in 2020
- There was a notable increase in the number of claims for naltrexone hydrochloride.

References

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ension 2.5 mg/ml oral

se oral capsule magnesium ne 4 mg/ml oral