

Number Needed to Treat and Cost-per-event avoided for Dupilumab versus Other Asthma Biologics for the Treatment of Moderate-to-Severe Asthma

Asthma 

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Background

- Multiple biologics have been approved in the United States (US) and Europe for treating patients with moderate-to-severe asthma with different phenotypes. However, there have been no head-to-head trials evaluating their comparative efficacy.¹⁻⁴
- Results from the US-ADVANTAGE, a large real-world evidence (RWE) study involving patients with moderate-to-severe asthma from the US, demonstrated a significant improvement in exacerbation rates and systemic corticosteroid (SCS) prescriptions with the treatment of dupilumab compared to omalizumab, benralizumab or mepolizumab.⁵
- To support payers' "decisions-making" on the use of different biologic therapies in Italy, we estimated the number-needed-to-treat (NNT), and cost-per-event avoided (CPEA) using exacerbation data from the US-ADVANTAGE study for dupilumab versus mepolizumab, benralizumab, and omalizumab.

Objective

- To compare the NNT and CPEA for dupilumab versus mepolizumab, benralizumab, and omalizumab in preventing asthma exacerbation rates (AER) in Italy for a one-year period.

Conclusions

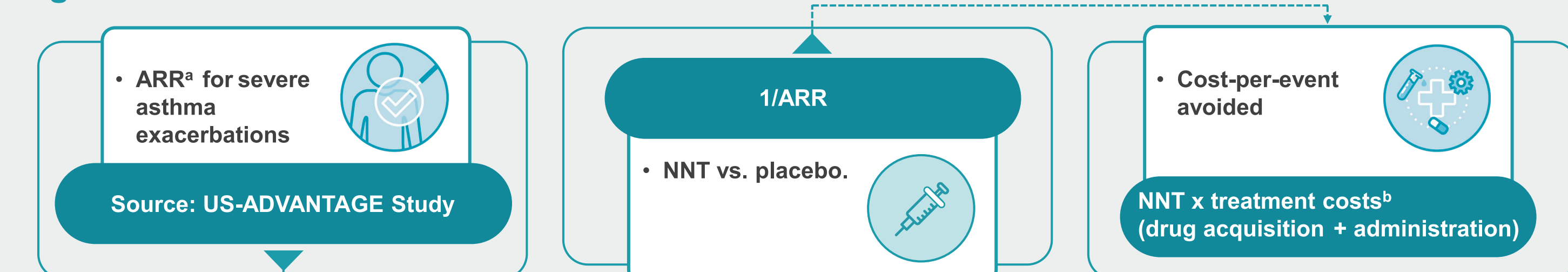
- In our model, dupilumab demonstrated a lower NNT and CPEA per year compared to other asthma biologics for preventing severe exacerbations in patients with moderate-to-severe asthma.
- These findings indicate favorable treatment benefits and economic value for dupilumab compared to benralizumab, mepolizumab or omalizumab.
- This model uses RWE data to determine efficacy outcomes and list prices for biologics instead of their net prices, which are some limitations to its applicability.

METHODS & RESULTS

Model overview and inputs

- An Excel-based tool was developed to estimate the NNT to avoid one severe asthma exacerbation over a period of one year (Figure 1).
- Data on AER were gathered from the US-ADVANTAGE study¹. Drug costs were sourced from the visible prices of drugs listed in the Italian official gazette. All prices were expressed in euros (€). The cost inputs are shown in Table 1.

Figure 1. NNT model structure



*Absolute difference in severe exacerbation rates: dupilumab vs. benralizumab, mepolizumab or omalizumab; *Source: Italian drug prices listed in the official gazette. The treatment cost was defined as the drug cost of the biologic treatment with a duration corresponding to a period of one year. The treatment frequency differed among biologics. ARR, absolute risk reduction; NNT, number-needed-to-treat; US, United States.

Table 1. Model costs inputs

	Dupilumab	Mepolizumab	Benralizumab	Omalizumab
Cost per unit (Listed, €)	640.0	1,203.4	2,316.6	369.6
Dosing frequency	200 mg/300 mg Q2W	100 mg Q4W	30 mg Q8W (Q4W for the first 3 doses)	Various Q2W/Q4W ^a
Units/year	26	13	7	13
Annual treatment costs	16,640.0	15,644.5	16,215.9	14,414.4

^aOmalizumab dosage dependent on weight and IgE levels. IgE, immunoglobulin E; Q2W, every two weeks; Q4W, every four weeks; Q8W, every eight weeks.

Patient population

- In the base case analysis, patients with ≥ 2 exacerbations prior to biologic initiation were included to compare the efficacy of dupilumab with mepolizumab and benralizumab, while patients with ≥ 1 exacerbation were included for the comparison of dupilumab with omalizumab.

Cost-per-event avoided evaluation

- For each biologic, the CPEA/year was computed by multiplying treatment costs (biologic and administration costs) by the NNT to obtain the corresponding 1-year incremental cost to avoid one exacerbation versus standard of care (SoC).

Sensitivity Analysis

- To further validate the analysis, efficacy data from a published indirect treatment comparison (ITC) study⁶, involving clinical trial data, were used from the matched cohorts.
- Sensitivity analyses with varying discounting scenarios (20%, 30% and 40%) were applied to the CPEA/year.

Results

- Dupilumab demonstrated a lower NNT to avoid one severe asthma exacerbation, compared to mepolizumab, benralizumab and omalizumab as derived from the RWE study (US-ADVANTAGE) (Figure 2). Similar results were obtained when the exacerbation data were derived from the ITC study.

Figure 2. Reduction in asthma exacerbation rates (annual) post vs. pre biologic initiation and NNT to avoid one additional exacerbation event for each biologic

Comparison	US-ADVANTAGE Study		ITC Study	
	Reduction in AER post vs. pre biologic initiation	NNT	Reduction in AER post vs. pre biologic initiation	NNT
Dupilumab vs. Mepolizumab	Dupilumab: 2.12	0.5 Dupilumab	Dupilumab: 0.63	0.9 Dupilumab
	Mepolizumab: 2.94	0.9 Mepolizumab	Mepolizumab: 0.87	1.1 Mepolizumab
Dupilumab vs. Benralizumab	Dupilumab: 2.12	0.5 Dupilumab	Dupilumab: 0.43	0.8 Dupilumab
	Benralizumab: 2.78	0.8 Benralizumab	Benralizumab: 0.94	1.4 Benralizumab
Dupilumab vs. Omalizumab	Dupilumab: 1.55	0.6 Dupilumab	Dupilumab: 0.48	2.0 Dupilumab
	Omalizumab: 2.24	1.1 Omalizumab	Omalizumab: 0.65	3.0 Omalizumab

In US-ADVANTAGE, severe asthma exacerbation is defined as: (1) an outpatient/ER visit with an asthma diagnosis and an SCS prescription within 5 days before or after, or (2) an inpatient visit with an asthma diagnosis. Severe AERs were 3.16 and 4.07 in patients experiencing ≥ 1 and ≥ 2 exacerbations, respectively, with SoC treatment.

In RCTs for ITC, a severe asthma exacerbation is defined as a deterioration requiring SCS for ≥ 3 days or hospitalisation/ER visit with CS treatment. Severe AERs were 1.74, 1.65 and 0.99 in mepolizumab-like, benralizumab-like and omalizumab-like population, respectively, with SoC treatment. AER, asthma exacerbation rate; CS, corticosteroid; ER, Emergency room; ITC, indirect treatment comparison; NNT, number-needed-to-treat; SoC, standard of care; SCS, systemic corticosteroid.

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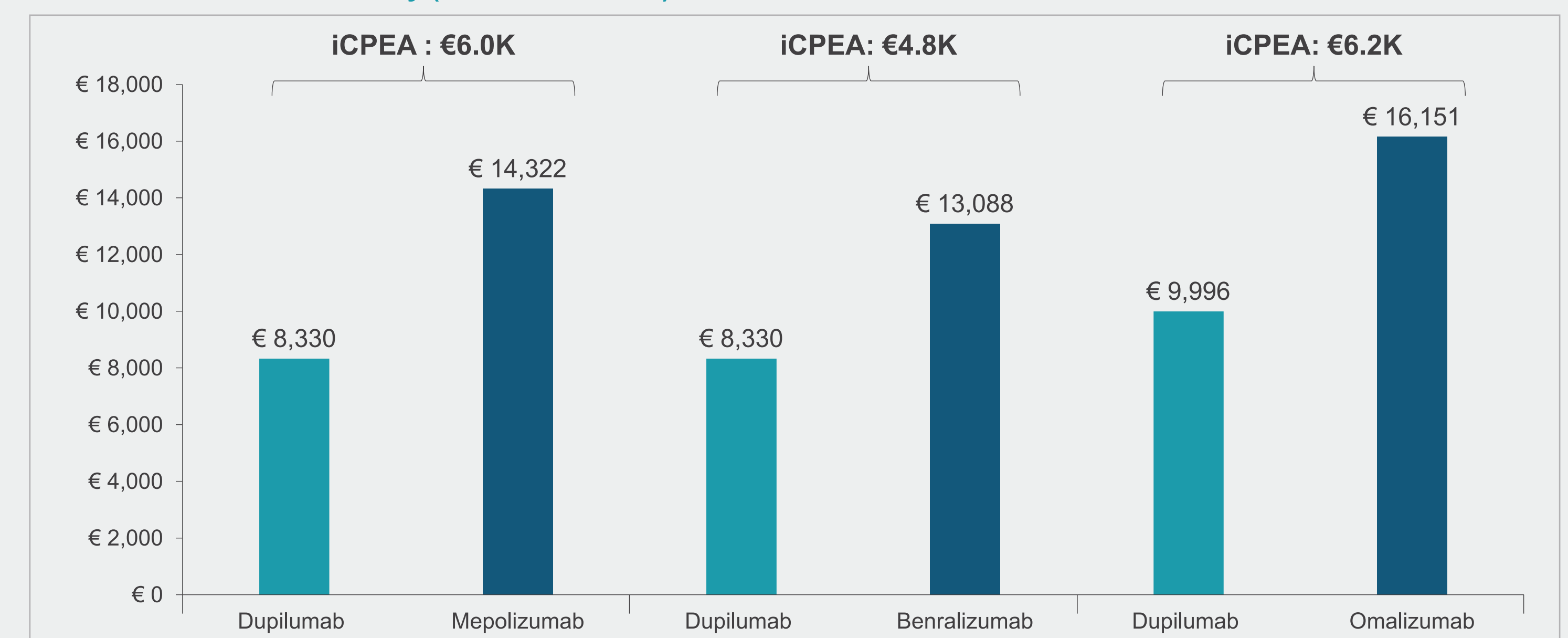
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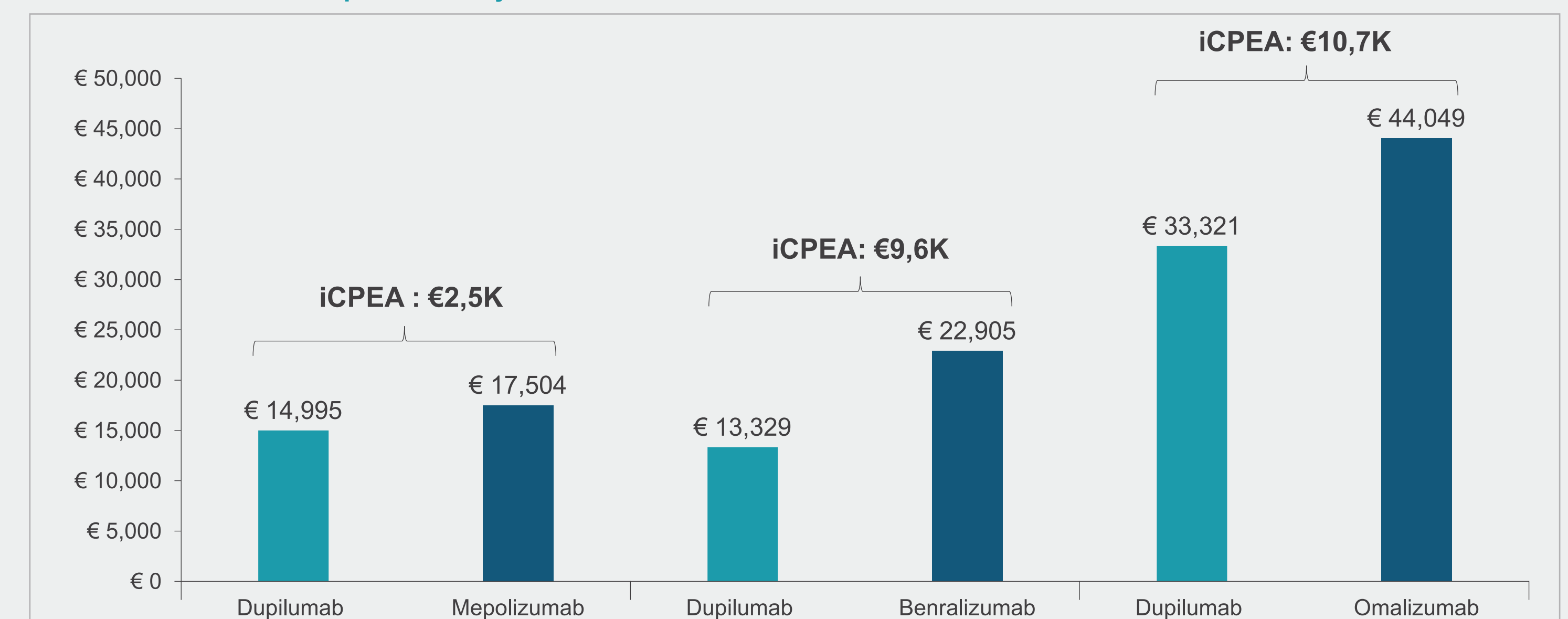
- The CPEA calculated using results from US-ADVANTAGE study was lower for dupilumab versus other biologics. The corresponding one-year incremental cost was found to be higher for other biologics, relative to dupilumab (Figure 3A). Similar results were observed with the ITC study (Figure 3B).

Figure 3. Cost-per-event avoided (€): dupilumab vs. other biologics

A. Real-world evidence study (US-ADVANTAGE)



B. Indirect treatment Comparison study



All incremental values for mepolizumab, benralizumab, and omalizumab, relative to dupilumab, have been rounded. iCPEA, incremental cost-per-event avoided.

- Lower incremental CPEA/year was also confirmed by sensitivity analyses in all the discounting scenarios (Table 2).

Table 2. iCPEA/year for dupilumab vs. other biologics across various discounting scenarios.

	Base case		20% discount		30% discount		40% discount	
	CPEA/year	iCPEA	CPEA/year	iCPEA	CPEA/year	iCPEA	CPEA/year	iCPEA
Dupilumab vs. Mepolizumab								
RWE	8,330	5,991	6,666	4,839	5,834	4,263	5,002	3,687
ITC	14,322	2,510	11,506	2,063	10,098	1,840	8,690	1,617
	14,995		11,999		10,502		9,004	
	17,504		14,063		12,342		10,621	
Dupilumab vs. Benralizumab								
RWE	8,330	4,758	6,666	3,828	5,834	3,362	5,002	2,887
ITC	13,088	9,576	10,494	7,698	9,197	6,759	7,889	5,820
	13,329		10,666		9,335		8,004	
	22,905		18,364		16,094		13,824	
Dupilumab vs. Omalizumab								
RWE	9,996	6,155	8,000	4,981	7,001	4,393	6,003	3,806
ITC	16,151	10,728	12,980	8,735	11,395	7,739	9,809	6,742
	33,321		26,665		23,337		20,009	
	44,049		35,400		31,076		26,752	

All values are expressed in €.

CPEA/year has been calculated using NNT values for each biologic and corresponding discounting scenarios has been applied to the base case. CPEA, cost-per-event avoided; iCPEA, incremental CPEA; ITC, indirect treatment comparison; NNT, number-needed-to-treat; RWE, real-world evidence.

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DISCLOSURES

FJ and FF: Employees of Sanofi; may hold stocks and/or stock options in the company. WC and LF: Sanofi; Former employees at the time of data synthesis and abstract development. ZW: Employee of Regeneron Pharmaceuticals, Inc., may hold stocks and/or stock options in the company.



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