

# ISPOR Asia Pacific 2018

8-11 September 2018 | Tokyo, Japan

MOVING INTO ACTION:  
Informing Policy and Strengthening Healthcare Systems in Asia Pacific



## OVERDIAGNOSIS

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### The Balance of Benefit, Harm, and Cost of PSA Screening

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Sam Li-Sheng Chen, Jean Chin-Yuan, Fann, Tony Hsiu-Hsi Chen

2018-09-11

### Overdiagnosis Issues in Population-based Cancer Screening

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#### Heterogeneous Definitions of Overdiagnosis

- Disease status and competing causes of death
- Diagnosis and detection modality

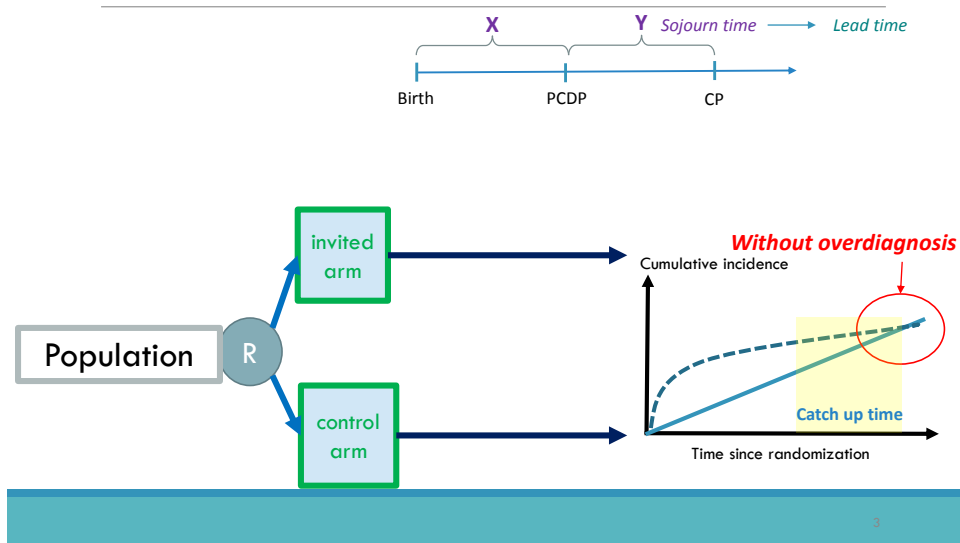
#### Methodological Flaws in Estimation of Overdiagnosis

- Lead-time and Length bias
- Measurement errors of screening modalities
- Disease natural history

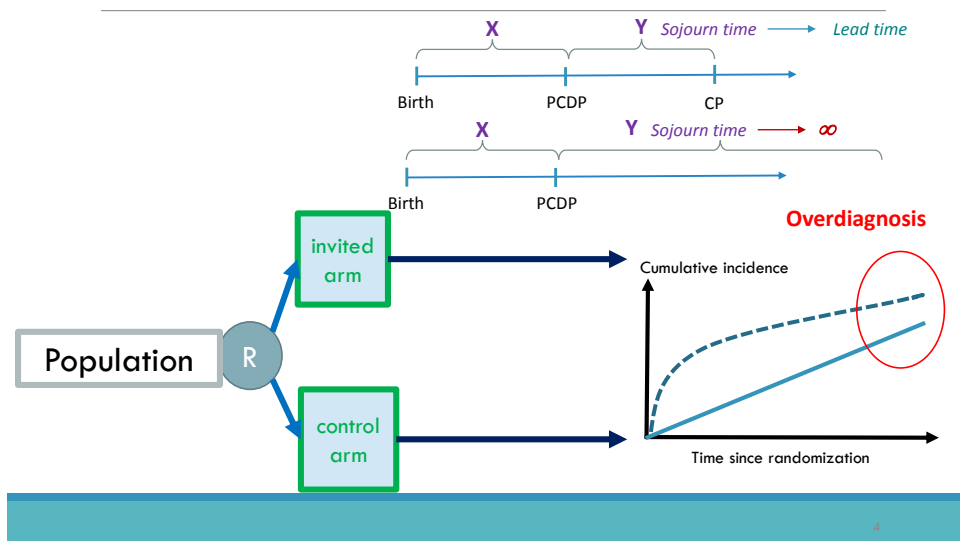
#### Unobservable Phenomenon

- Design-based Study
- Model-based approach

## Natural Disease Progression Related to Lead-time and Overdiagnosis and Evaluation with RCT



## Natural Disease Progression Related to Lead-time and Overdiagnosis and Evaluation with RCT



Prostate cancer

# Help or harm

The furious debate over screening for prostate cancer

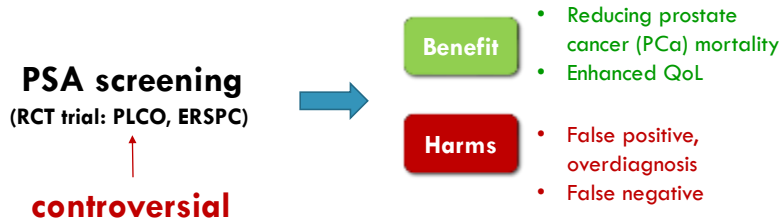
Mar 8th 2014 | From the print edition

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The Great Prostate Hoax: How Big Medicine Hijacked the PSA Test and Caused a Public Health Disaster. By Richard Ablin and Ronald Piana. Palgrave MacMillan; 262 pages; \$27. Buy from [Amazon.com](http://Amazon.com); [Amazon.co.uk](http://Amazon.co.uk)

## Cost-effectiveness Analysis for PSA Screening



To perform a **decision analysis** using a **Markov model** to compare the **effectiveness** and **cost** of PSA screening with no screening with the considerations of **harms** and **cost** of screening

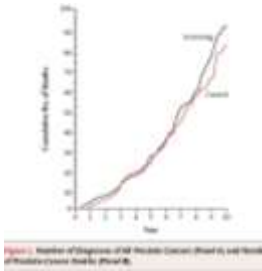
# Screening for Prostate Cancer with PSA Test

The Prostate, Lung, Colorectal and Ovarian (PLCO) Cancer Screening Trial (PLCO)  
 The European Randomized study of Screening for Prostate Cancer (ERSPC)

THE NEW ENGLAND JOURNAL OF MEDICINE

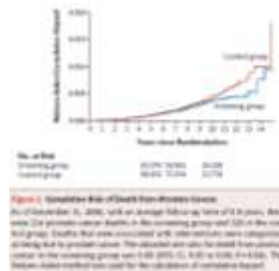
## ORIGINAL ARTICLE

2009;360:1310-9.



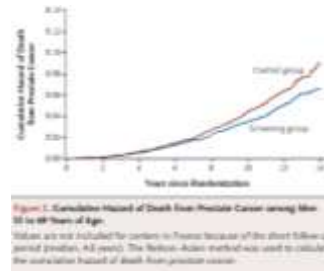
PLCO, 7-yr follow-up  
 RR=1.13 (0.75-1.70)

2009;360:1320-8.



ERSPC, 8-yr follow-up  
 RR=0.80 (0.65-0.98)

2012; 366: 981-90



ERSPC, 11-yr follow-up  
 RR=0.79 (0.68-0.91)

# Age-Adjusted Incidence of and Mortality from Prostate Cancer in the United States, 1975–2007

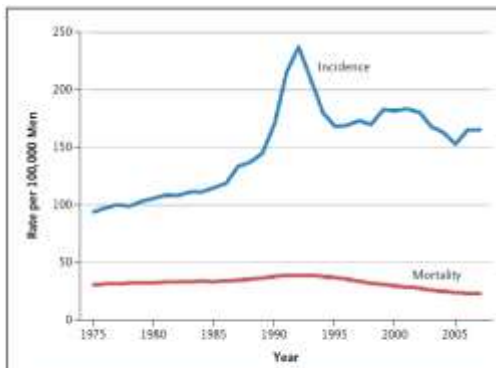


Figure 1. Age-Adjusted Incidence of and Mortality from Prostate Cancer in the United States, 1975–2007. Data are from Altekruse et al.<sup>9</sup>

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## CLINICAL PRACTICE

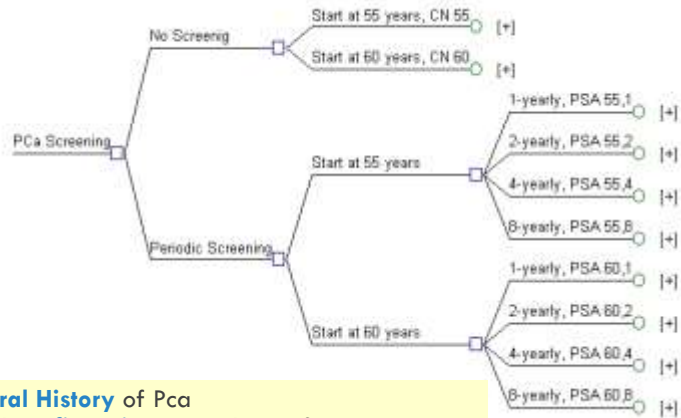
### Screening for Prostate Cancer

Baris M. Hellman, M.D., M.P.H.

N Engl J Med 2011;365:2013-9.

Reference: Altekruse SF, Kosary C, Krapcho M, et al. SEER cancer statistics review 1975–2007. Bethesda, MD: National Cancer Institute, 2010.

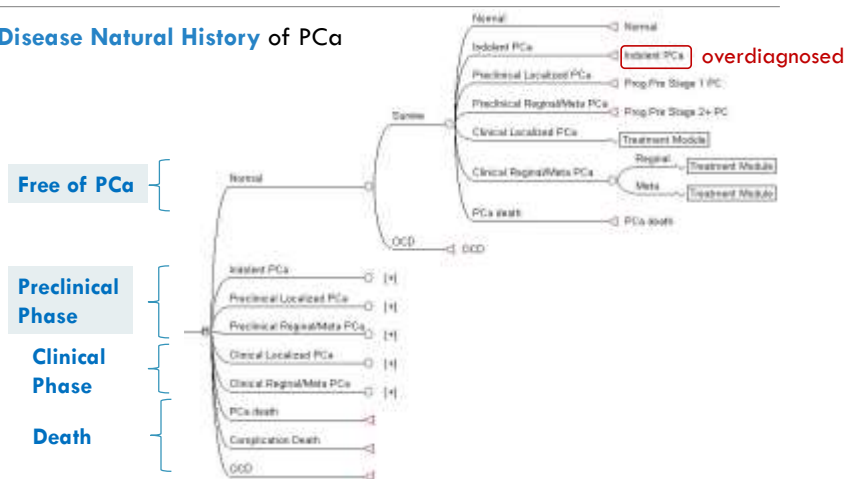
# Markov Decision Tree for PSA screening



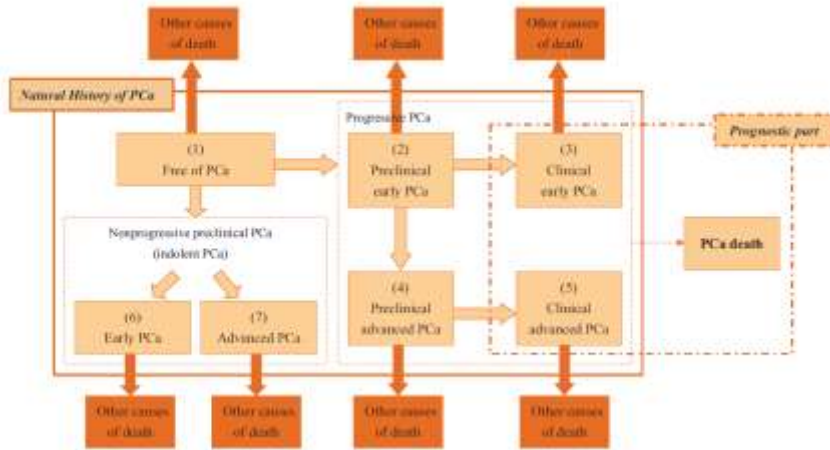
- ✓ Disease Natural History of Pca
- ✓ Screening and confirmation procedures of PSA screening
- ✓ Treatment module of PCa

# Markov Decision Tree

Disease Natural History of PCa

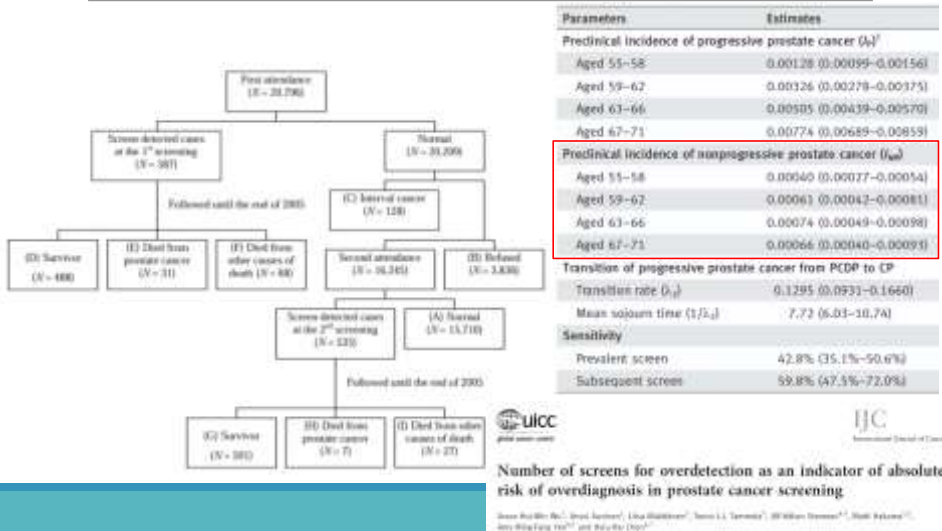


# Disease Natural History for Prostate Cancer



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Estimated results of preclinical incidence of progressive and nonprogressive prostate cancer, transition rates and sensitivity using empirical data from Finnish PSA trial



## Parameters Related to Disease Process for PCa

Variable	Base-case estimate	Distribution applied
<b>Prevalence of free of PCa, indolent PCa, preclinical early PCa, preclinical advanced PCa</b>		
At age 55 years	0.969, 0.022, 0.007, 0.001	Dirichlet(77501;1800;587;112)
At age 60 years	0.924, 0.049, 0.023, 0.004	Dirichlet(73910;3935;1805;349)
<b>Annual transition probability from free of PCa to free of PCa, indolent PCa, preclinical early PCa, preclinical advanced PCa, clinical early PCa, clinical advanced PCa, and PCa death (per 100,000)</b>		
At age 55 years	99832, 40, 117, 7, 3, 0, 0	Dirichlet(79866;32;94;6;2;0;0)
At age 60 years	99521, 76, 370, 22, 9, 1, 0	Dirichlet(79617;61;296;18;7;1;0)
At age 65 years	99185, 66, 688, 41, 17, 2, 1	Dirichlet(79348;53;551;33;14;1;0)
At age 70 years	98986, 66, 872, 52, 22, 2, 1	Dirichlet(79189;53;697;41;17;2;0)
<b>Annual transition probability from preclinical early PCa to preclinical early PCa, preclinical advanced PCa, clinical early PCa, clinical advanced PCa, and PCa death (per 1,000)</b>		
All age	844, 106, 43, 6, 1	Dirichlet(844;106;43;6;1)
<b>From preclinical advanced PCa to preclinical advanced PCa, clinical advanced PCa, and PCa death (per 1,000)</b>		
All age	756, 237, 7	Dirichlet(756;237;7)
<b>Case-fatality rate of PCa</b>		
Stage I/II PCa	0.0175	Gamma(139,7935)
Stage III PCa	0.0375	Gamma(149,3968)
Stage IV PCa	0.0916	Gamma(363,3968)
<b>Mortality from other causes</b>		
Age 55-59 years	0.0097	Gamma(2005,206127)
Age 60-64 years	0.0134	Gamma(1996,149366)
Age 65-69 years	0.0196	Gamma(2302,117412)
Age 70-74 years	0.0315	Gamma(2870,91169)
Age 75-79 years	0.0528	Gamma(3796,71905)
Age $\geq$ 80 years	0.1101	Gamma(6943,63057)

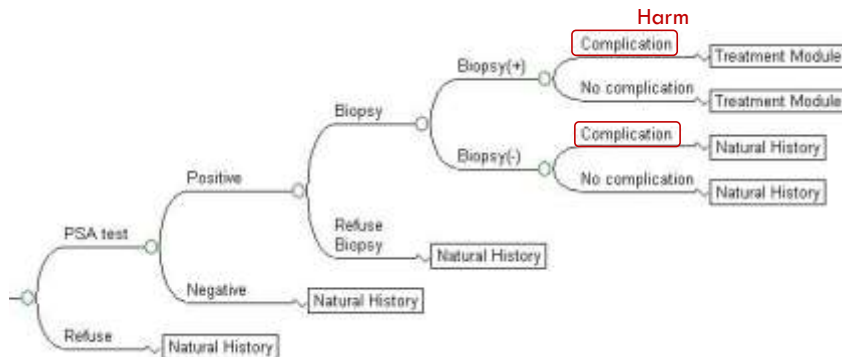


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PSA Attendance rate: 65%  
 Contamination: 20%  
 Biopsy compliance: 95% ~ Beta(3040, 160)

## Markov Decision Tree

Screening and confirmation procedures of PSA screening



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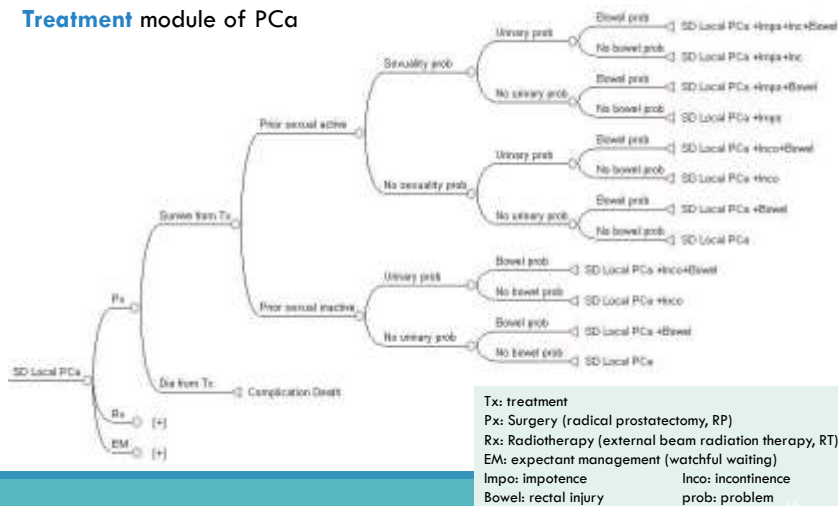
## Parameters Related to Screening/Diagnostic Tool

Variable	Base-case estimate	Distribution applied
% of PSA 3.0-3.9 ng/ml	5%	Beta(801,14884)
Sensitivity of PSA testing for early/ advanced PCa	0.86/ 0.95	Beta(2752,448)/ Beta(760,40)
Specificity of PSA testing	0.93	Beta(29847,2153)
Sensitivity of diagnostic methods for early/ advanced PCa	0.64/ 0.99	Beta(2037,1163)/ Beta(798,2)

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## Markov Decision Tree

Treatment module of PCa





## Parameters Related to Treatment Procedures and Complications

Variable	Base-case estimate	Distribution applied
<b>Treatment choice for early PCa (RP, RT, EM)</b>		
Clinically detected	30%, 60%, 10%	Dirichlet(750;1500;250)
Screen-detected	35%, 40%, 25%	Dirichlet(700;800;500)
<b>% of Stage IV among advanced Pca</b>		
Clinically detected	34.6%	Beta(89, 169)
Screen-detected	20.0%	Beta(23, 91)
<b>Annual rate of initiating active treatment followed EM</b>	5.38%	Gamma(129,2392)
<b>Complication death from treatment (RP/RT)</b>	0.011/0.002	Beta(11,989)/ Beta(2,998)
<b>Prior prevalence of sexual inactive</b>	17.9%	Beta(90,411)
<b>Complications of treatment at initial period (RP/RT)</b>		
<b>Sexual problem</b>	0.47/0.12	Beta(262,295)/Beta(31,227)
<b>Urinary problem</b>	0.28/0.19	Beta(156,401)/Beta(49,209)
<b>Bowel problem</b>	0/0.13	--/Beta(34,224)
<b>Long-term complications of treatment (RP/RT)</b>		
<b>Sexual problem</b>	0.38/0.11	Beta(212,345)/Beta(28,230)
<b>Urinary problem</b>	0.06/0.02	Beta(33,524)/Beta(5,253)
<b>Bowel problem</b>	0/0.06	--/Beta(15,243)

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## Parameters for Cost (€)

Variable	Base-case estimate	Distribution applied
<b>Screening and Diagnostic</b>		
<b>PSA testing</b>	7.55	Triangular(3.775,15.1)
<b>Free/total PSA</b>	32.7	Triangular(16.3,49)
<b>Diagnostic methods</b>	314	Triangular(112,549)
<b>Biopsy complication</b>	393	Triangular(157,1572)
<b>Staging</b>	344	Triangular(172,344)
<b>Treatment</b>		
<b>Initial cost for early PCa (RP/RT/EM)</b>	9,577/1,9025/2,033	Triangular(4789,19154)/ Triangular(9513,38050)/ Triangular(1017,4066)
<b>Continuous cost (per year) for early PCa (RP/RT/EM)</b>	5,272/8,497/4,593	Triangular(2636,10544)/ Triangular(4249,16994)/ Triangular(2297,9186)
<b>Initial/continuous cost (per year) for Stage III PCa</b>	19,025/8,497	Triangular(9513,28538)/ Triangular(4249,16994)
<b>Initial/continuous cost (per year) for Stage IV PCa</b>	6,885/9,462	Triangular(3443,10328)/ Triangular(4731,14193)
<b>Terminal Cost</b>	13,362	Triangular(3930,27510)
<b>Extra costs due to incontinence (per year)</b>	340	Triangular(170,680)

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## Parameters for Utility

Variable	Base-case estimate	Distribution applied
<b>Transient utility loss</b>		
Biopsy	-1 day	--
Biopsy Complication	-3 days	--
Initial Treatment for Early PCa (RP/RT)	-35 days/-21 days	--
Initial Treatment for Stage III Pca	-21 days	--
Initial Treatment for Stage IV Pca	-14 days	--
<b>Health state change</b>		
Free of Pca	1.00	--
<b>For non-metastatic Pca</b>		
No complications	0.89	Beta(17,2)
With complications		
Sexual problem	0.84	Beta(22,4)
Urinary problem	0.78	Beta(22,6)
Bowel problem	0.67	Beta(23,11)
Sexual+bowel problem	0.62	Beta(22,14)
Sexual+urinary problem	0.73	Beta(24,9)
Urinary+bowel problem	0.56	Beta(18,14)
Sexual+urinary+bowel problem	0.54	Beta(20,17)
For Stage IV Pca	0.44	Beta(22,28)

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## Simulated results for various PCa screening strategies

Screening Strategy	RR of PCa death	RR of PCa-related Death	CRO (%)
Start at age 55 years <sup>†</sup>			
PSA <sub>55,1</sub>	0.87	0.89	2.4
PSA <sub>55,2</sub>	0.92	0.93	2.2
PSA <sub>55,4</sub>	0.96 <b>4 %</b> → <b>3 %</b>	0.97	1.7
PSA <sub>55,8</sub>	0.99	1.00	1.1
Start at age 60 years <sup>‡</sup>			
PSA <sub>60,1</sub>	0.87	0.89	4.6
PSA <sub>60,2</sub>	0.92	0.93	4.3
PSA <sub>60,4</sub>	0.96	0.97	3.5
PSA <sub>60,8</sub>	0.99	0.99	2.4

**CRO:** crude risk of over detection; **QALY:** quality-adjusted life year. <sup>†</sup>Compared with CN<sub>55</sub>; <sup>‡</sup>Compared with CN<sub>60</sub>.

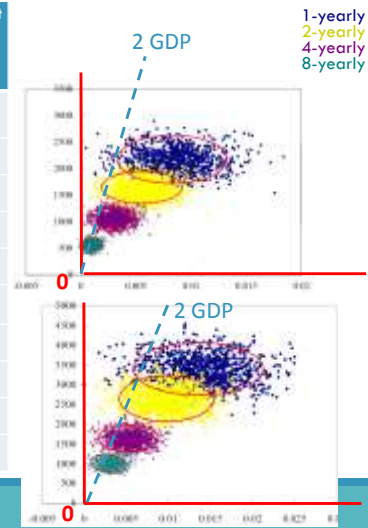
\*Values obtain from a cohort of 100,000 persons who were followed for 25 years with 65% attendance and 20% contamination.

§The screening is less effective and more costly than no screening.

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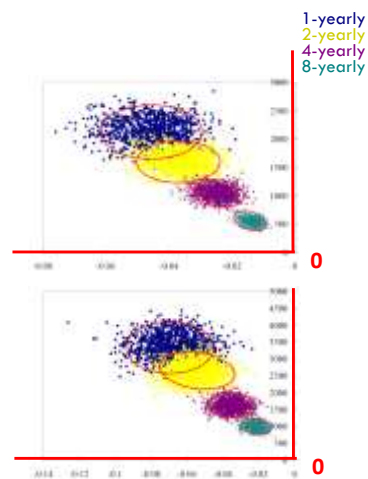
## Simulated Results for the Cost-effectiveness Analysis for PCa Screening Strategies (n=100,000)

Screening Strategy	Incremental cost, thousand (€)	Incremental life-year saved, year	Incremental cost (€) / life-years saved
Start at age 55 years†			
PSA <sub>55,1</sub>	588,970	600	588,970
PSA <sub>55,2</sub>	692,220	376	692,220
PSA <sub>55,4</sub>	887,825	179	887,825
PSA <sub>55,8</sub>	2,101,534	33	2,101,534
Start at age 60 years‡			
PSA <sub>60,1</sub>	590,275	1,190	590,275
PSA <sub>60,2</sub>	679,313	790	679,313
PSA <sub>60,4</sub>	815,178	434	815,178
PSA <sub>60,8</sub>	854,873	179	854,873



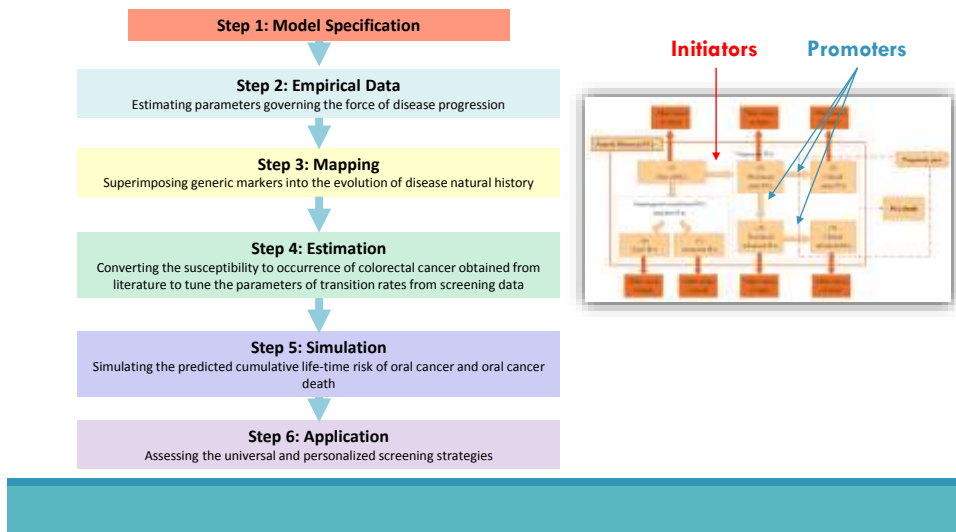
## Simulated Results for the Cost-utility Analysis for PCa Screening Strategies (n=100,000)

Screening Strategy	Incremental cost, thousand (€)	Incremental QALY saved, year	Incremental cost (€) / QALY saved
Start at age 55 years†			
PSA <sub>55,1</sub>	588,970	-4,481	Dominated§
PSA <sub>55,2</sub>	692,220	-3,441	Dominated§
PSA <sub>55,4</sub>	887,825	-2,188	Dominated§
PSA <sub>55,8</sub>	2,101,534	-1,027	Dominated§
Start at age 60 years‡			
PSA <sub>60,1</sub>	590,275	-8,108	Dominated§
PSA <sub>60,2</sub>	679,313	-6,465	Dominated§
PSA <sub>60,4</sub>	815,178	-4,299	Dominated§
PSA <sub>60,8</sub>	854,873	-2,170	Dominated§



# Personalized PCa Screening

Multi-state genetic-variant-based model of cancer for individually tailored screening



## The effect of selected SNPs on the incidence and aggressiveness of PCa modeled

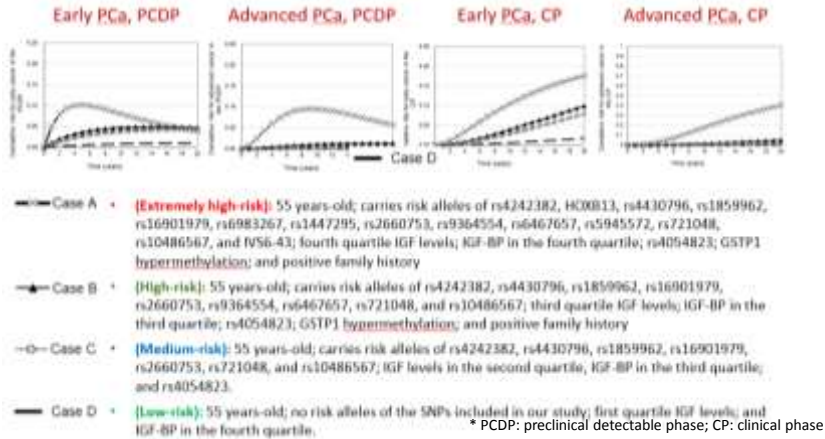
**Incidence of PCa (Free of PCa to Preclinical Early PCa—Initiator**

Markers	Position	Associated Allele	% in population	OR
rs4242382	8q24	AA	4.36%	1.75
		GA	30.60%	1.11
rs4430796	17q12	TT(30%)	56.00%	1.38
rs1859962	17q24.3	GG(25%)	50.00%	1.28
rs16901979	8q24(region 2)	AA/CA(7%)	3.00%	1.53
rs6983267	8q24(region 3)	GT/GG(77%)	51.00%	1.37
rs1447295	8q24(region 1)	CA/AA(26%)	14.00%	1.22
rs2660753	3p12	C	11.00%	1.08
rs9364554	6q25	C	28.00%	1.14
rs6465657	7q21	T	47.00%	1.12
rs10993994	10q11	C	39.00%	1.25
rs7931342	11q13	G	50.00%	0.85
rs2735839	19q13	G	15.00%	0.89
rs5945619	Xp11	T	35.00%	1.29
rs5945572	Xp11	A	35.10%	1.23
rs721048	2p15	A	19.00%	1.15
rs10486567	JAZF1 (7)	GG	59.29%	0.74
		GA	35.42%	0.71
			47.60%	1.22
rs138213197	17q21-22	T	2.00%	3.60
Family history			4.60%	1.30

**From Early Preclinical PCa to Advanced PCa or Clinical PCa—Promoter**

Markers	Position	Associated Allele	% in population	OR
rs200331695	11q13	A	0.20%	6
IGF-1	Q1			1
	Q2			3.2
	Q3			3.5
	Q4			5.1
IGFBP-3	Q1			5
	Q2			2.5
	Q3			2.5
	Q4			1
rs10486567	JAZF1 (7)	GA vs. AA		1.2
		GG vs. AA		1.18
rs4054823	17p12			1.2
GSTP1 hypermethylation				4.55

## Cumulative risk of developing early and advanced PCa in the PCDP and in the CP



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## Risk Score-Based Screening Policies

The 10-year Risk of PCa, the Relative risk, and the **Recommend Age to Start Screening** by Risk Score Percentiles

Risk percentile	10-year risk for PCa	Relative risk	Start screening age
<b>Non-progressive</b>	6.60%	NA	NA
<b>Susceptible to progressive Pca</b>			
95–100	45.80%	3.1	47
90–95	33.00%	2.23	49
80–90	23.90%	1.62	50
70–80	19.40%	1.31	52
60–70	16.60%	1.12	54
50–60	14.80%	1	55
40–50	13.30%	0.9	57
30–40	11.80%	0.8	58
20–30	10.50%	0.71	60
10–20	9.10%	0.61	62
5–10	7.80%	0.53	65
0–5	6.20%	0.42	NA

## Risk Score-Based Screening Policies

The 10-year Risk of Developing Advanced PCa, the Relative Risk, and the **Recommend Interscreening Interval** by Different Percentiles of Risk Scores Among Subjects Susceptible to Progressive PCa

Risk percentile	10-year risk for advanced PCa	Relative risk	Interscreening Interval
95–100	8.30%	2.82	<1
90–95	6.30%	2.13	<1
80–90	4.70%	1.61	1
70–80	3.90%	1.31	2
60–70	3.30%	1.13	3
50–60	2.90%	1	4
40–50	2.70%	0.91	5
30–40	2.40%	0.81	6
20–30	2.10%	0.72	>6
10–20	1.80%	0.62	>6
5–10	1.60%	0.54	>6
0–5	1.30%	0.43	>6

## Conclusions (1)

- The effect of harm on QALY loss may out-weight the life-year gained
- The major QALY loss may come from the utility loss from overdiagnosis cases
- Overtreatment would increase the cost, therefore the PSA screening program is not cost-effective, and reduce the QALY, therefore resulting a dominated result.

## Conclusions (2)

### ➤ Applications to Individually Risk Adapted Screening

- A shorter interscreening interval/early age of starting screening for the high-risk group can **reduce interval cancers**.
- A long interscreening interval/late age of starting screening for the low risk group helps **reduce false positive results**.
- Risk score-based approach also **considers nonprogressive PCa that would be over-detected** if intensive screening policies were offered.

### ➤ Personalized Medical Regime for Screen-Detected Pca

- Decisions concerning watchful waiting or radical prostatectomy and whether and how frequently to administer adjuvant therapy, as well as the frequency of clinical surveillance, could be made on the ground of such individual risk score information.

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